



June

A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
31	1 La Salle @11:45 S & S Meatballs	2	3 Starbuck @11:45 Pork Chops	4 Sanford @ 11:45 Pickerel	5	6	
7	8 La Salle@ 11:45 Chicken lettuce wraps Games @12:30	9	10 Starbuck @11:45 No meal	11 Sanford @11:45 Liver n Onions	12 Summer BBQ	13	
14	15 La Salle@ 11:45 Soup & Sandwiches Speaker: Aquamation	16	17 Starbuck @11:45 Lemon Chicken Games @12:30	18 Sanford @ 11:45 Chicken a la King Games @12:30	19	20	
21 Father's Day	22 La Salle@ 11:45 Turkey Chili	23	24 Starbuck @11:45 Soup & Grilled Sandwiches Speaker: Aquamation	25 Sanford @ 11:45 Roasted Chicken Thighs	26	27	
28	29 La Salle @11:45 Salmon Burgers Fun with MHRD @12:30	30	July 1: All take out and meal deliveries increase to \$12.00 per meal				

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.
We will try to accommodate special dietary requests. Please call ahead to confirm.
 Menu subject to change. **\$10 per person**